## Radiogram 8410u Form 24 for 07/16/04 Transition from [OCK] to [PCO] Attitude. Enable / Disable ВД-СУ Mode

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		DPC (S-band)
07:45-08:15	FE-1	Prep for work
07:45-09:15	CDR	Dismantling Removable Pump Panel [CΠH]
08:40-08:45	FE-1	Payload status check (Increment 9)
08:45-09:00	FE-1	Routine inspection of RED
09:00-10:30	FE-1	Physical Exercise (RED)
09:15-09:25	CDR	On MCC go: Demate TLM connector
09:25-10:35	CDR	Installation of [CΠH]
10:30-11:30	FE-1	Physical Exercise (TVIS)
10:35-11:05	CDR	Download of SMCC and TC [ЦВМ, ТВМ] images, Version 7.02, to Central Post Computer 1 [КЦП1]. <i>Tagup with specialists (VHF, S-band)</i>
11:05-11:35	CDR	Installation of [CΠH]
11:30-11:35	FE-1	SSC OCA reboot
11:35-11:50	FE-1	Reboot all PCS (once a week)
11:35-11:45	CDR	On MCC go: Mate TLM connector
11:45-12:35	CDR	Test 4CПH2
11:50-12:05	FE-1	Questionnaire: journal entry
12:05-12:35	FE-1	EARQ software-supported audiogram (Set up and test)
12:35-13:35		LUNCH
13:35-16:35	FE-1	Equipment stowage in Progress 249 for disposal (with IMS support)
13:35-15:00	CDR	Equipment stowage in Progress 249 for disposal (with IMS support)
15:00-16:30	CDR	Physical Exercise (TVIS + RED) day 2
16:35-17:35	FE-1	Printout and review of EVA procedures
16:35-16:55	CDR	IMS file prep
16:55-17:20	CDR	EARQ software-supported audiogram (test and stowage)
17:20-17:50	CDR	СОЖ maintenance
17:35-18:30	FE-1	EVA tools prep
17:50-18:50	CDR	Physical Exercise (VELO + Force Loader/cycle 1) day 2
18:30-18:45	FE-1	Payload tagup (S-band)
18:45-18:50	FE-1	Disconnect DCP power cable.
18:50-19:05		Daily planning conference (S-band)
19:05-19:15	CDR	Carbon dioxide level monitoring
19:15-19:35		FD / ISS crew conference (S-band)
19:35-20:05		DINNER
20:05-20:35		Daily food prep
20:35-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities End of radiogram